Regional White Matter Hyperintensity Burden in Automated Segmentation Distinguishes Late-Life Depressed Subjects From Comparison Subjects Matched for Vascular Risk Factors

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Objective: Segmented brain white matter hyperintensities were compared between subjects with late-life depression and age-matched subjects with similar vascular risk factor scores. Correlations between neuropsychological performance and whole brain-segmented white matter hyperintensities and white and gray matter volumes were also examined.

Method: Eighty-three subjects with late-life depression and 32 comparison subjects underwent physical examination, psychiatric evaluation, neuropsychological testing, vascular risk factor assessment, and brain magnetic resonance imaging (MRI). Automated segmentation methods were used to compare the total brain and regional white matter hyperintensity burden between depressed patients and comparison subjects.

Results: Depressed patients and comparison subjects did not differ in demographic variables, including vascular risk factor, or whole brain-segmented volumes. However, depressed subjects had seven regions of greater white matter hyperintensities located in the following white matter tracts: the superior longitudinal fasciculus, fronto-occipital fasciculus, uncinate fasciculus, extreme capsule, and inferior longitudinal fasciculus. These white matter tracts underlie brain regions associated with cognitive and emotional function. In depressed patients but not comparison subjects, volumes of three of these regions correlated with executive function; whole brain white matter hyperintensities correlated with executive function; whole brain white matter correlated with episodic memory, processing speed, and executive function; and whole brain gray matter correlated with processing speed.

Conclusions: These findings support the hypothesis that the strategic location of white matter hyperintensities may be critical in late-life depression. Further, the correlation of neuropsychological deficits with the volumes of whole brain white matter hyperintensities and gray and white matter in depressed subjects but not comparison subjects supports the hypothesis of an interaction between these structural brain components and depressed status.

White matter hyperintensities on T2-weighted magnetic resonance imaging (MRI) have been associated with late-life depression. It has been proposed that vascular disease and concomitant white matter hyperintensities may contribute to the development or worsening of late-life depression by affecting frontal white matter pathways and subcortical structures involved in mood regulation. In the present study, we used the term white matter hyperintensity to denote both subcortical gray and white matter hyperintensities. A large body of literature has suggested higher rates and severity of white matter hyperintensities in elderly depressed patients relative to age-matched comparison subjects (1–4).

Several factors are important contributors to the pathogenesis of white matter hyperintensities, particularly age (5) and medical comorbidity. Comorbid medical conditions such as hypertension (6), diabetes mellitus (7), cardiovascular disease (8), and higher Framingham Study risk factor scores (8, 9) are especially significant. While white matter hyperintensities are more prevalent in patients with vascular risk factors, they are also noted to occur at rates of up to 60% in healthy elderly patients (10). Although studies examining the occurrence of white matter hyperintensities in depressed subjects have matched subjects for age, most studies have used either healthy comparison subjects or a comparison sample of convenience, rather than matching for vascular risk factors.

Another limitation of most studies examining white matter hyperintensities in late-life depression is the reliance on visual rating scales (11) for lesion severity and the use of relatively small sample sizes. Automated segmentation of white matter, gray matter, and CSF has become relatively common, but few existing paradigms have segmented white matter hyperintensity lesions. Current automated segmentation techniques remain unable to accurately classify deep cortical white matter hyperinten-
sities and rely upon expert manual correction of misclassified hyperintensities (12) or manual grading of hyperintensities using ordinal rating scales for basal ganglia and deep cortical lesions (2).

We previously described the development of an automated segmentation technique and demonstrated the reliability of this method to segment brain gray matter, white matter, and white matter hyperintensities and to localize white matter hyperintensities in atlas space (13). In the present study, we applied this method to a large sample of subjects with late-life depression and a comparison sample of subjects matched for vascular risk factors. We further examined the functional significance of white matter hyperintensity lesions by correlating the severity with measures of neuropsychological functioning; we hypothesized that greater white matter hyperintensity lesion burden would be correlated with poorer performance on measures of executive functioning and processing speed.

Method

Subjects

Depressed patients (N=83) and nondepressed comparison subjects (N=32) age 59 years and older with a wide range of cerebrovascular risk factors were recruited for a National Institute of Mental Health (NIMH) study: Treatment Outcome in Vascular Depression. Patients and comparison subjects were evaluated by board-certified psychiatrists using the Diagnostic Interview for Genetic Studies criteria, a structured clinical interview that incorporates the Structured Clinical Interview for DSM-IV (SCID) criteria (14). Depressed patients were evaluated for the presence of DSM-IV major depression, and nondepressed comparison subjects were evaluated for lifetime absence of psychiatric illness. All subjects were screened to rule out severe or unstable medical disorders, history of other axis I disorders prior to depression, and current suicide risk. Written informed consent approved by the institutional review board was obtained for all subjects.

Measures

Demographic variables were age, education, gender, race, depression symptom severity (scored on the Montgomery-Åsberg Depression Rating Scale), and vascular risk factors as defined by the Framingham Study (15). The Framingham Study includes the following risk factors to predict 10-year stroke risk in both men and women: age, systolic blood pressure, use of antihypertensive therapy, diabetes mellitus, cigarette smoking, cardiovascular disease (coronary heart disease, cardiac failure, or intermittent claudication), atrial fibrillation, and left ventricular hypertrophy by electrocardiogram.

The neuropsychological testing was performed by a trained examiner who was closely supervised by a Ph.D.-level psychologist. Patients were tested prior to the initiation of antidepressant medication and were free of all psychotropic medication.

MRI

MRI was performed using a Siemens (Erlangen, Germany) Sonata 1.5T scanner. The following structural images were acquired: T1-weighted magnetization-prepared rapidly acquired gradient echo (MPRAGE) (sagittal TR=1900 msec, TE=4 msec, TI=1100 msec, matrix=222×256×128, resolution=1×1×1.25 mm); T2-weighted two-dimensional Turbospin echo (transverse TR=4000 msec, TE=97 msec, 17 echoes, 2 mm thickness, 10 mm gap, 6 interleaves, matrix=256×256×108, resolution=1×1×2 mm); and fluid-weighted inversion recovery scans (transverse TR=10,000 msec, TE=104 msec, TI=2310 msec, 5 mm thickness, 0 mm gap, matrix=224×256×30, resolution=1×1×5 mm). Four T1-weighted scans were acquired and coregistered using 9 parameter affine transform. The six T2-weighted images were collated and coregistered with the T1-weighted scans. The averaged T1-weighted and coregistered T2-weighted data were resampled to 1 mm$^3$ voxels in Talairach stereotaxic atlas space (T88) (16). To correct for artifactual image intensity inhomogeneities in both T1- and T2-weighted data, a parametric bias field correction was used and all subsequent operations were performed using the parametric bias field corrected images in atlas space (13, 17).

Segmentation Algorithm

Bispectral (T1- and T2-weighted) fuzzy class means (18, 19) was used to segment the whole brain into tissue classes (gray matter, white matter, and CSF) and white matter hyperintensities. Loci in the T1-/T2-weighted intensity plane corresponding to each tissue class were determined by a semiautomatic search of the two-dimensional T1-/T2-weighted intensity histogram (13). A separate set of loci was used to segment deep (basal ganglia, thalamus, and ventricles) versus more superficial structures (cerebral cortex and underlying white matter), and the assembled segmentations were continuous at the boundary between deep and superficial structures. To segment the deep zone, gray matter, white matter, and CSF centroids were determined by sampling gray matter (caudate), white matter (corpus callosum), and CSF (lateral ventricles) using manually selected regions of interest. Fuzzy class means then generated a segmentation of the deep zone into four intracranial tissue types, including white matter hyperintensities. Post-fuzzy class mean corrections based on prior anatomical knowledge (20) were automatically performed as follows: small groups of white matter hyperintensity pixels located between gray matter and CSF (which clearly could not be white matter hyperintensities) were reassigned as gray matter; all “gray matter” entirely surrounded by white matter hyperintensities were assigned as white matter hyperintensities; and a single pixel of white matter hyperintensity adjacent to CSF was reassigned as white matter.

Validation of Segmentation Algorithm

Automated segmentation of white matter hyperintensities was validated in a subset of 20 subjects by comparison with manual threshold-based segmentation of fluid-weighted inversion recovery images. White matter hyperintensity on fluid-weighted inversion recovery imaging effectively constitutes a neuroradiological gold standard for white matter hyperintensity detection (21). A fluid-weighted inversion recovery pixel intensity histogram was generated, and pixels with intensities that were two standard deviations greater than the white/grey matter mean were classified as white matter hyperintensities. Threshold-based segmentation of white matter hyperintensities was highly correlated with our semiautomated technique (r=0.979 overall) for the entire brain and for the subcortical volume only (r=0.925). In this same sample, the automated segmentation was further validated by comparison of the total brain–segmented white matter hyperintensity to expert manual ratings (Drs. Sheline and McKinstry) using the modified Fazekas Rating Scale (r=0.71, p=0.001) (13).

Statistical Comparison of White Matter Hyperintensity Regions in Depressed Patients and Comparison Subjects

The segmentation results were converted to binary images (white matter hyperintensities or nonwhite matter hyperintensities), and the total number of white matter hyperintensity pixels was identified for each subject. To identify specific regions with group differences, the binary images of white matter hyperinten-
Correlation Between Brain Volumetric Measures and Neuropsychological Measures

In a multiple regression after accounting for age, gender, and education, there was a significant effect of cardiovascular disease risk factors on whole brain white matter hyperintensity measures (p<0.05). Since we found several regions with significant group differences in white matter hyperintensity burden (described in the Results section), we conducted Pearson correlations between the neuropsychological variables (cognitive domain z scores) and the white matter hyperintensity measure in each of the regions. These correlations were conducted separately in depressed patients and comparison subjects. We also conducted Pearson correlations between neuropsychological variables and whole brain-segmented volumes of white matter hyperintensities as well as gray and white matter. We followed up any significant simple correlations with partial correlations that removed shared variance with age and education to ensure that common variance with such demographic characteristics did not lead to spurious correlations between the anatomical and neuropsychological measures. To protect against false positives, we used a Bonferroni correction across the five cognitive domains for the correlations with each region of interest and whole brain measures and only considered a correlation significant at p<0.01 (0.05/5=0.01).

Results

Table 1 shows demographic variables for depressed patients and comparison subjects, including age, education, gender, race, depression symptom severity on the Montgomery-Åsberg Depression Rating Scale, and vascular risk factor score as defined by the Framingham Study (15). As shown in Table 1, depressed subjects had higher Montgomery-Åsberg Depression Rating Scale scores than comparison subjects, but the groups did not differ significantly on other variables. We compared whole brain volumes of white matter, gray matter, and white matter hyperintensities between depressed and comparison subjects. Table 1 shows T1-weighted, T2-weighted, and segmented images for a subject with minimal white matter hyperintensities and a subject with significant white matter hyperintensities. A multivariate analysis of variance (MANOVA) was conducted to examine differences between the depressed and comparison groups in the three segmented measures of whole brain volume. The omnibus MANOVA was not significant (p>0.05), suggesting that whole brain volumes of white matter, gray matter, and white matter hyperintensities did not differ between groups for any of these three volume measurements.
We then examined differences between the comparison and depressed groups in the prevalence of regional white matter hyperintensities. This analysis identified seven regions that met criteria and differed significantly between the two groups in white matter hyperintensity volumes (Figure 2). The following regions were identified: 1) right superior longitudinal fasciculus division 1/fronto-occipital fasciculus; 2) right superior longitudinal fasciculus divisions 2 and 3; 3) a second region in the right superior longitudinal fasciculus divisions 2 and 3; 4) left superior longitudinal fasciculus divisions 2 and 3; 5) left uncinate fasciculus/frontal operculum; 6) right extreme capsule; and 7) right inferior longitudinal fasciculus. For each of these lesions, the white matter fasciculus involved and the relevant overlying cortical region are described in Figure 2.

The mean white matter hyperintensity volume within each region in both depressed and comparison subjects was plotted and is shown in Figure 3. The effect sizes for these differences were fairly similar across the seven regions and were as follows: 1) right superior longitudinal fasciculus 1/fronto-occipital fasciculus: Cohen's $d=0.43$; 2) right superior longitudinal fasciculus divisions 2 and 3: Cohen's $d=0.39$ (first region); 3) right superior longitudinal fasciculus divisions 2 and 3: Cohen's $d=0.37$ (second region); 4) left superior longitudinal fasciculus divisions 2 and 3: Cohen's $d=0.33$; 5) left uncinate fasciculus: Cohen's $d=0.37$; 6) right extreme capsule: Cohen's $d=0.40$; and 7) right inferior longitudinal fasciculus: Cohen's $d=0.43$.

We then examined the relationship between the volumes of white matter hyperintensity within each of the seven regions and performance in the five different a priori domains of cognitive function (20) in the depressed and comparison subjects separately. Among the depressed patients, only three correlations were significant, and all three were with executive function as follows: 1) right superior longitudinal fasciculus 1/fronto-occipital fasciculus ($r=–0.31$, $p=0.005$); 2) left superior longitudinal fasciculus divisions 2 and 3 ($r=–0.28$, $p=0.02$); and 3) left uncinate fasciculus ($r=–0.26$, $p=0.02$). Among comparison subjects, there were no significant correlations. Fisher's r-to-z transformations indicated that there was a tendency toward the correlation between the right superior longitudinal fasciculus 1/fronto-occipital fasciculus and executive function being significantly more negative in patients relative to comparison subjects ($z=–1.6$, $p=0.06$).

In addition, we examined the association between segmented whole brain volumetric measures and neuropsychological function. As shown in Table 2, there were no significant correlations between any of the whole brain...
measures and neuropsychological function in comparison subjects. Among depressed patients, there were significant correlations of white matter hyperintensities and gray and white matter with neuropsychological function. All of these correlations maintained their significance when age and education were partialled out. Fisher's r-to-z transformations indicated that the correlation between executive function and white matter hyperintensities was significantly stronger in depressed patients relative to comparison subjects (z=1.65, p=0.05).

**Discussion**

This study adds to the understanding of the pathophysiology of late-life depression in several ways. We found increased white matter hyperintensity burden in patients with late-life depression relative to comparison subjects in specific brain regions, despite no differences in demographic variables, vascular risk factor scores, or whole brain gray matter, white matter, or white matter hyperintensity volumes. This supports the regional specificity of hyperintensities in depression. The finding (1–4) of increased overall volumes of white matter hyperintensities in late-life depressed subjects relative to comparison subjects in studies that did not match depressed and comparison subjects on vascular risk factors may indicate that more vascular events occur in depression. Depression has been associated with increased rates of cardiovascular illness (23), diabetes mellitus (24), smoking, and hypertension (25). Thus, given that depressed subjects have increased rates of multiple factors comprising the overall
critical for cognitive control. A recent comprehensive
rinal fasciculus and fronto-occipital fasciculus are
specific cognitive impairment syndromes. The superior longi-
taneous hyperintensities in this study have been associated with spe-
and amygdala that were interrupted in the present study.
white matter connections of the cingulate cortex, insula,
tance to emotional disturbances in depression are the
ecessary, an extensive literature has described the
importance of cognitive control and disturbances thereof
thetic impairment. An extensive literature has described these pathways in detail
compendium of white matter tracts in nonhuman pri-
amines and humans described these pathways in detail
(28). The primary long association fibers connecting the frontal cortex are the three subdivisions of the superior longitudinal fasciculus: components I, II, and III (28). In the frontal lobe, superior longitudinal fasciculus 1 fibers project to the supplementary motor area and dorsal Brodmann’s areas 6 and 9 and convey information from these areas back to the parietal lobe cortices and probably into the precuneus. Superior longitudinal fasciculus 2 connections terminate in Brodmann’s areas 6, 8, 9/46, and 44, and superior longitudinal fasciculus 3 fibers terminate in ventral Brodmann’s areas 6 and 44.

Four regions of white matter hyperintensity lesions (right superior longitudinal fasciculus 1/fronto-occipital fasciculus; right superior longitudinal fasciculus 2/3; second region of right superior longitudinal fasciculus 2/3; left superior longitudinal fasciculus 2/3) were in white matter underling the dorsolateral prefrontal cortex (Brodmann’s area 9/46), and another region was located in the right extreme capsule of basal ganglia, all interrupting the dorsolateral prefrontal circuit, namely connections between the basal ganglia and dorsolateral prefrontal cortex gray matter that are important for performance on tests of executive function (27, 29). This circuit projects from Brodmann’s area 9/46 to the dorsolateral caudate, then to the lateral mediodorsal globus pallidus and rostro-
lateral substantia nigra. The basal ganglia projects to the ventral anterior and mediodorsal thalamus and back to the dorsolateral prefrontal cortex, completing the loop (30). A large literature supports the association of the dor-
solateral prefrontal cortex lesions with impairments in exec-
tive function (31, 32). Such lesions are found with
greater frequency in major depression (26) and in some

vascular risk profile, it is important to control for vascular
risk factors in comparing depressed and comparison sub-
jects for white matter hyperintensities.

Second, we suggest that in order to optimize anatomical
localization, it is important to utilize segmentation meth-
ology that allows localization of white matter hyperin-
tensities in atlas space. Current scoring techniques have
variable interrater reliability (26) and homogenize white
matter hyperintensity characteristics by assigning a gen-
eral score for size and appearance in order to yield a global
index of lesion load without spatial localization. In this
study, we used an automated segmentation procedure
that was reproducible, quantitatively validated (13), and
precisely localized lesions in atlas space.

Third, using this technique we identified significant dif-
ferences in white matter hyperintensity burden in specific
brain regions. These lesions were located in deep white
matter underlying cortical regions critical for executive
function and emotional processing, and lesion volumes
correlated with executive function in three regions. A po-
tential interpretation of these findings is that regionally
specific hyperintensities may increase susceptibility to
depression and may be expressed functionally as cogni-
tive impairment. An extensive literature has described the
importance of cognitive control and disturbances thereof
in late-life depression (27). Further, of particular impor-
tance to emotional disturbances in depression are the
white matter connections of the cingulate cortex, insula,
and amygdala that were interrupted in the present study.

Lesions in the majority of fasciculi interrupted by hy-
perintensities in this study have been associated with spe-
cific cognitive impairment syndromes. The superior longi-
tudinal fasciculus and fronto-occipital fasciculus are

FIGURE 3. White Matter Hyperintensity Comparison by Region in Depressed Patients and Comparison Subjects

<table>
<thead>
<tr>
<th>Brain Regiona</th>
<th>Mean Regional White Matter Hyperintensity Volume (mm3)</th>
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<tbody>
<tr>
<td>Right superior longitudinal fasciculus 1/fronto-occipital fasciculus</td>
<td>**</td>
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<tr>
<td>Right superior longitudinal fasciculus 2 and 3</td>
<td>***</td>
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<tr>
<td>Second right superior longitudinal fasciculus 2 and 3</td>
<td>*</td>
</tr>
<tr>
<td>Left superior longitudinal fasciculus 2 and 3</td>
<td>***</td>
</tr>
<tr>
<td>Left uncinate fasciculus/frontal operculum</td>
<td>*</td>
</tr>
<tr>
<td>Right extreme capsule</td>
<td>*</td>
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<tr>
<td>Right inferior longitudinal fasciculus</td>
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a Regions correspond with the lesion locations shown in Figure 2: right superior longitudinal fasciculus division 1/fronto-occipital fasciculus (blue); right superior longitudinal fasciculus divisions 2 and 3 (purple); second region of right superior longitudinal fasciculus divisions 2 and 3 (green); left superior longitudinal fasciculus divisions 2 and 3 (yellow); left uncinate fasciculus/frontal operculum (red); right extreme capsule (pink); and right inferior longitudinal fasciculus (orange).

*p<0.05. **p<0.01. ***p<0.005.
also significant correlations between segmented whole signals are not normally transmitted. Thus, in depression it may be that the affective valence modulatory effects on the extrastriate visual cortex (40), hippocampus (39). The amygdala is known to have neuro-temporal structures, amygdala, hippocampus, and parahippocampal gyrus interrupt connections between V4 in the occipital cortex to the medial temporal structures,amygdala,hippocampus, and parahippocampus (39). The amygdala is known to have neuro-modulatory effects on the extrastriate visual cortex (40). Thus, in depression it may be that the affective valence signals are not normally transmitted.

In addition to the impact of specific lesions, there were also significant correlations between segmented whole brain volumes and neuropsychological function in depressed subjects that were not found in comparison subjects, in particular, a significant correlation of whole brain white matter hyperintensities with executive function. Other studies have also found associations between white matter hyperintensity volumes and function, including an association between white matter hyperintensities and global reductions in cortical metabolic rates. Whole brain white matter was correlated with executive function, episodic memory, and processing speed in depressed subjects but not comparison subjects. Whole brain gray matter was correlated with processing speed and showed tendencies toward correlation with executive function and language in depressed patients but not comparison subjects. These patterns suggest stronger relationships between whole brain white and gray matter volumes and neuropsychological performance in depressed patients relative to comparison subjects. However, this interpretation should be moderated by the greater power to detect relationships in depressed patients relative to comparison subjects because of their larger numbers. Further, it is somewhat surprising that we did not find a relationship between neuropsychological performance and whole brain measures of white matter hyperintensity burden in comparison subjects, since several previous studies (42, 43), but not all (44), have found such relationships. In the seven regions showing group differences in white matter hyperintensities, we did find significantly less white matter hyperintensity variance in comparison subjects rela-

<table>
<thead>
<tr>
<th>TABLE 2. Correlation Between Segmented Whole Brain Volume Components and Performance on Neuropsychological Measures in Patients With Late-Life Depression and Age-Matched Comparison Subjects</th>
<th>Within-Group Correlation (r)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Depressed Subjects (N=83)</td>
</tr>
<tr>
<td>Neuropsychological Assessment and Whole Brain Measurement</td>
<td></td>
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<tr>
<td>Episodic memory</td>
<td></td>
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<tr>
<td>Gray matter whole brain</td>
<td>0.10</td>
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<tr>
<td>White matter whole brain</td>
<td>0.43*</td>
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<tr>
<td>White matter hyperintensity whole brain</td>
<td>−0.19</td>
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<tr>
<td>Language processing</td>
<td></td>
</tr>
<tr>
<td>Gray matter whole brain</td>
<td>0.30*</td>
</tr>
<tr>
<td>White matter whole brain</td>
<td>0.19</td>
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<tr>
<td>White matter hyperintensity whole brain</td>
<td>−0.19</td>
</tr>
<tr>
<td>Working memory</td>
<td></td>
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<tr>
<td>Gray matter whole brain</td>
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<tr>
<td>White matter whole brain</td>
<td>0.08</td>
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<tr>
<td>White matter hyperintensity whole brain</td>
<td>−0.19</td>
</tr>
<tr>
<td>Processing speed</td>
<td></td>
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<tr>
<td>Gray matter whole brain</td>
<td>0.43*</td>
</tr>
<tr>
<td>White matter whole brain</td>
<td>0.38*</td>
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<tr>
<td>White matter hyperintensity whole brain</td>
<td>−0.27</td>
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<tr>
<td>Executive function</td>
<td></td>
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<tr>
<td>Gray matter whole brain</td>
<td>0.34*</td>
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<tr>
<td>White matter whole brain</td>
<td>0.39*</td>
</tr>
<tr>
<td>White matter hyperintensity whole brain</td>
<td>−0.37*</td>
</tr>
</tbody>
</table>

*p=0.01.
tive to depressed subjects, potentially contributing to an absence of correlations with neuropsychological variables in comparison subjects. However, we found no group differences in variance for any of the neuropsychological measures themselves, or for any of the whole brain measures. Thus, we argue that in addition to the interruption of specific neuroanatomical pathways by white matter hyperintensities contributing to the development of late-life depression there is an interaction between overall white matter hyperintensity burden and gray and white matter loss in depressed subjects producing increased neuropsychological deficits. The mechanism for this interaction is unclear and worthy of further investigation.

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